

## Frank Seabury

### 1965 Hockey



When Frank entered high school much was expected by coaches, teammates, and fans. Older brother Bill had been among the very best on the ice and on the baseball diamond. No one was to be disappointed!

Like so many hockey players of that time, Frank was encouraged to run cross country in the fall. Reluctant at first, Frank came to appreciate the conditioning and made a solid contribution to very good teams. His senior year, the team won its first eight dual meets, finishing the regular season with 10 wins and only one loss. The team placed third in their class in the state meet and finished co-champions of the Middlesex League.

However, it was on the ice that Frank became a dominant player, taking a regular shift beginning as a sophomore. His performance as a senior has to be ranked among the best in a program that boasts many great all-around performers. In the 1964-65 seasons, Frank scored 22 goals and had 20 assists in 16 games, the best of any Middlesex League player. Often, he scored the winning goal. Frank scored three goals and had three assists in a win over Concord-Carlisle. One of his best performances and most memorable for SHS was at West Point where he scored a goal and had two assists in a 4 to 3 victory over the plebes.

The general excellence of his play would not go unrecognized. Frank was voted most valuable player by his teammates and most outstanding player in the Middlesex League by the coaches. He was then honored by selection to both the Boston Globe and the Boston Herald-Traveler All-Scholastic hockey teams.

Frank would continue to play competitive hockey for another 10 years with the Lowell Chiefs and the Concord Eastern Olympics. During that period, he was invited to participate in try-outs for the United States Olympic Team.

Retired after 37 years with the Telephone Company, Frank and his wife, Julie, live in Melrose. They are the proud parents of Jaime, Kaytee, and Ryan and proud grandparents of Finn and Otis.