September 2022

Middle & High School Lunch

LUNCH MENU

STRONG BODY ~ STRONG MIND

Vegetarian Meals = (V)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Back!! All Students eat Free Breakfast & Lunch all Year	Parents, please be sure to fill out an application in order to receive additional benefits	August 31 **Crispy Nachos W/Beef, Cheese & Salsa** Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk	1 **Breaded Chicken Sandwich W/Cheddar Cheese** Oven Baked Fries Carrot/Celery Sticks Fresh Fruit Cup Ice Cold Milk	2 No School
5 Labor Day	6 **French Toast W/Syrup & Chicken Sausage** Potato Puffs Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	7 **Crispy Nachos W/Beef, Cheese & Salsa** Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk	8 **Ravioli W/Marinara Sauce** Garden Salad Carrot/Celery Sticks Sliced Peaches Juicy Grapes Ice Cold Milk	9 **Chicken Finger Sub W/Melted Mozzarella** Carrot/Celery Sticks Cucumber Coins Fresh Fruit Cup Ice Cold Milk
12 **Ball Park Frank** Gold Fish Baked Beans Carrot/Celery Sticks Apple Slices Ice Cold Milk	13 **Steak and Cheese Sub** Baked Puffs Carrot/Celery Sticks Juicy Plum Ice Cold Milk	14 **Crispy Nachos W/Beef, Cheese & Salsa** Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk	15 **Oven Roasted Drumstick** Creamy Mash Potato Carrot/Celery Sticks Steamed Carrots Juicy Grapes Ice Cold Milk	16 **BBQ Riblet Sandwich** Sweet Corn Carrot/Celery Sticks Orange Smiles Ice Cold Milk
19 **Grilled Cheese Or Grilled Cheese & Ham** Carrot/Celery Sticks Bag of Baked Lays Apple Slices Ice Cold Milk	20 **Chicken Boneless Chicken Wings** Potato Puffs Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	21 **Crispy Nachos W/Beef, Cheese & Salsa** Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk	22 **Oven Roasted BBQ Chicken** Creamy Mash Potato Steamed Carrots Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	23 **Breaded Chicken Sandwich W/Cheddar Cheese** Oven Baked Fries Carrot/Celery Sticks Fresh Fruit Cup Ice Cold Milk
26 **Double Bacon Cheeseburger or Vegetarian Burger(V)** Cherry Tomatoes Carrot/Celery Sticks Watermelon Ice Cold Milk	27 **Waffles W/Syrup & Chicken Sausage** Potato Puffs Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	28 **Crispy Nachos W/Beef, Cheese & Salsa** Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk	29 **Penne Pasta W/Meatballs** Garden Salad Carrot/Celery Sticks Sliced Peaches Juicy Grapes Ice Cold Milk	30 **Steak and Cheese Sub** Baked Puffs Carrot/Celery Sticks Juicy Plum Ice Cold Milk

All Students Eat Breakfast & Lunch Free!

2nd Meals or Snacks are extra please make payments online

Everyday:
- -Pizza
- -Made to order Subs
- -Chicken Patty
- -Spicy Patty
- -Chicken Nuggets
- -Cheeseburger
- -Hot Dog
- -Pizza Sticks
- -Pre-made Salads
- -Parfaits

ONLINE APPLICATION AVAIABLE AT WWW.STONEHAMSCHOOLS.ORG

All Students Eat Breakfast & Lunch Free

Every meal comes complete with fruit, veggies, and milk. We offer Skim Chocolate & 1% White

This institution is an equal opportunity provider.

Menus are subject to change without notice.

ARAMARK EDUCATION