

Stoneham High School Presents:



Mr. K's PE Clinic

PE classes are a lot of fun, but we will explain what exercise does for your body. We will stress the major components of Physical Education such as cardio endurance, muscular strength, muscular endurance and flexibility. We will encourage discipline, individual development, teamwork, sportsmanship, and self confidence.

Location - Middle School Gym

Cost \$175 per child CHECK PAYABLE TO: Stoneham High School or Pay online at [Unipay](https://unipay.com).

APRIL VACATION!!!!

April 15- 18th

9:00 a.m. 2:00 p.m.

Grades k-6

Run by:

Tim Rich - South School PE Teacher

trich@stonehamschools.org

Sara Swett-Zizzo-High School PE Teacher

Contact Stoneham High Athletic Office with any questions.

Kelly Ryan -

kryan@stonehamschools.org

Lunch program

\$5 for pizza and a drink

Students not buying pizza are encouraged to bring lunch.

[Register Here](#)

CONSENT AND MEDICAL RELEASE FORM

I do hereby consent to my/my child's participation in voluntary athletic or activity programs of the Stoneham Public Schools.

I also agree to forever release the Stoneham Public Schools, the School Committee, and all individuals and organizations assisting or participating in voluntary athletic or activity programs of the Stoneham Public Schools ("the Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in the Stoneham Public Schools voluntary athletic or activity programs.

I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future from my child's participation in the Stoneham Public Schools voluntary athletic or athletic programs.

I further affirm that I have read this CONSENT AND RELEASE FORM and that I understand the contents of this form. I understand that my child's participation in these programs is voluntary and that my

child and I are free to choose not to participate in said programs. By signing this form, I affirm that I have decided to allow my child to participate in the Stoneham Public School's athletic or activity programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage my child or I may suffer in voluntary athletic or activity programs.

In addition, I hereby give my consent for the above name student:

1. To represent this/her school in approved activities;
2. To accompany any school group of which she/he is a member on its local or out-of-town trips;
3. To receive, through a medical doctor of the school's choice, emergency medical care which may become reasonably necessary in the course of activity of travel.

I further agree not to hold the school or anyone acting in its behalf responsible for any injury occurring to the above named student in the proper course of activities or travel.

In the unlikely event that medical attention may be necessary for my child, I give consent for emergency medical/surgical treatment of my child.