Starting the Conversation:

College & Your Mental Health

A Webinar Panel Discussion for Students & Parents

March 8, 2021 7:00-8:30 pm

Advanced Registration Required at

namicentralmiddlesex.org

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Mystic Valley Behavioral Health Coalition Mental health issues have become more prevalent in college settings.

What are some mental health-friendly signs to look for when applying to colleges?

What kind of mental health support is available on college campuses?

How do you access help if you or a friend need it?

<u>Panel Members</u> <u>Rebecca Luberoff</u> - BLA Peer Presenter

Melissa Wall - M.A. Dir. of Student Mental Health & Wellness, UMass Lowell

Patricia Bruno - MSW Assoc. Dean of Student Support Services, Middlesex Community College

Stacey G. Harris - J.D. Assoc. Dir. of Disability & Access Services, Boston Univ.

Jennifer Morazes - LCSW, PhD. Operations Dir., Learning & Working During the Transition to Adulthood Research Center, UMass Medical School

Submit questions in advance to nami.cmsx@gmail.com

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